

**Success Story**

**M.M.** *Spanish-speaking male with a work related traumatic brain injury (TBI) is able to return to work.*



“PRIDE helped me build my strength in my whole body. I needed this help desperately.”  
M.M.

**PRIDE Program Goals:**

- Returns patients to full work functionality
- Eliminates patient dependence on medication.
- Ends a cycle of pain and no progress
- Saves cost & time

To learn more about PRIDE and its successful outcomes and case studies contact:

**PRIDE Rehabilitation Center**  
5701 Maple Avenue  
Dallas, TX 75235  
214-351-6600  
info@ www.pridedallas.com



**PATIENT:** MM, a, 22-year-old, undocumented, Spanish-speaking male, experienced a 50-foot fall on the job that caused a traumatic brain injury (TBI). His other injuries included a fracture of the right lower leg, right ear rupture, right eye muscle imbalance, pelvic fractures, liver laceration, kidney laceration and multiple skull and face fractures. He was on disability for nearly two years. His future looked bleak and his road to recovery grim.



**PRIOR TREATMENT:** Following extensive surgery, MM was in a coma for 3 months. Initially, he needed a tracheotomy (a temporary breathing hole in throat on respirator). During that time, MM endured a total of 15 more surgeries. He was treated at Parkland and then referred to rehabilitation hospitals for many months. By the time he arrived at PRIDE, he had extreme physical deconditioning and was found to be suicidal.



**GOAL:** Allow MM to resume a more normal life, with much improved physical ability. Improve his mental state in order to create a positive frame of mind. At the start of treatment, the idea that MM would be able to return to work was not considered realistic.



**PRIDE TREATMENT PLAN:** He was treated in the Functional Restoration Program with intensive cognitive remediation and medication management for severe depression. MM worked with a full team of bilingual staff and, for the first time since his injury, he was able to understand all the issues stemming from his injuries and medical condition. After 2½ months of focused individualized physical and mental rehabilitation, MM gained the strength, confidence, and education needed for recovery requirements.



**RESULTS:** The results were beyond expectation as MM completed treatment in June 2008 and returned to work with a new employer as a machine operator. He is still working 3 years later, living independently, developing his English fluency skills, and now applying for U.S. citizenship. His future looks bright.